

# Stow Conservation Trust

## Run For The Woods - May 20, 2018

Mail-in entry form (one per entry)

<b>1. Athlete information</b>																	
First Name																	
Last Name																	
Street																	
City/Town																	
State		ZIP Code				Birthdate (MM/DD/YYYY)											
Telephone																	
Email address (be neat)																	

<b>2. Choose your event</b>																	
<input type="checkbox"/>	5K Road Race	<input type="checkbox"/>	5K Race Walk	<input type="checkbox"/>	5K Recreational Walk	<input type="checkbox"/>	5K Dog Walk										
<input type="checkbox"/>	1 Mile Kids Fun Run (12 & under)	<input type="checkbox"/>	12 & Under entering both Kids Fun Run and 5K Road Race														

<b>3. T-shirt size (guaranteed for entries received by May 8, otherwise as they last)</b>																	
<input type="checkbox"/>	Adult Extra Large	<input type="checkbox"/>	Adult Large	<input type="checkbox"/>	Adult Medium	<input type="checkbox"/>	Adult Small	<input type="checkbox"/>	Child Large								
<input type="checkbox"/>	No shirt- please contribute the savings to the Stow Conservation Trust's land protection efforts																

<b>4. Entry fees</b>																	
<input type="checkbox"/>	\$35 5K Run or Walk	<input type="checkbox"/>	\$15 1 Mile Kids' Race														
<i>write the amounts in the boxes and then add them up</i>		<input type="checkbox"/>	-\$8 Pre-Registration Discount (entry received by May 18, 2016)														
		<input type="checkbox"/>	-\$5 Stow Conservation Trust Member Discount														
		<input type="checkbox"/>	Stow Conservation Trust Membership (join or renew) Individual \$25, Family \$50														
		Contributing \$100, Sustaining \$250, Patron \$500, Lifetime member \$1000, Senior/Student \$15															
<input type="checkbox"/>	\$25 Green Number Club (contribute \$25 and receive a distinctive green race number)																
<input type="checkbox"/>	\$	<input type="checkbox"/>	<b>Total enclosed</b>														

<b>5. Assumption of Risk:</b> I understand that participation in road race events is potentially dangerous. In consideration of the acceptance of this entry, I forever release the Stow Conservation Trust and its members, The Town of Stow, USA Track & Field and all sponsors and organizers of "Run for the Woods" of all claims for damages, injury or death and any rights of action present or future whatsoever for my participation in this event. I certify that I am physically fit and sufficiently trained.																	
Signature (required): _____ date _____																	
Parent or Guardian must sign if entrant is under 18 years old																	

**Make checks payable to Stow Conservation Trust and send to:**  
**Stow Conservation Trust**  
**PO Box 397**  
**Stow, MA 01775**