Stow Conservation Trust
Run For The Woods - May 22, 2011

Mail-in entry form (one per entry)

1. Athlete information

First Name

Last Name

Street

City/Town

State ZIP Code Birthdate (MM/DD/YYYY) / /

Telephone - -

Gender (M/F)

Email address (be neat)

2. Choose your event

- 5K Road Race
- 5K Race Walk
- 5K Recreational Walk
- 1 Mile Kids Fun Run (12 & under)
- 12 & Under entering both Kids Fun Run and 5K Road Race

3. T-shirt size

- Adult Extra Large
- Adult Large
- Adult Medium
- Adult Small
- Child Large
- No shirt- please contribute the savings to the Stow Conservation Trust

4. Entry fees

- $25 5K Run or Walk
- $15 1 Mile Kids' Race
- -$5 Special Early Registration Discount for 5K (entry received by April 30, 2011)

Only those entries received by May 10 will be guaranteed a t-shirt

- -$5 5K Pre-Registration Discount (entry received by May 20, 2011)
- -$5 Stow Conservation Trust Member Discount (entry received by May 21, 2010)
- $10 Stow Conservation Trust Individual Membership (join or renew)
- $25 Stow Conservation Trust Family Membership (join or renew)
- $50 Green Number Club (contribute $50 and receive a distinctive green race number)

$ Total enclosed

5. Waiver: In consideration of the acceptance of this entry, I forever release the Stow Conservation Trust and its members, The Town of Stow, all sponsors and organizers of "Run for the Woods" of all claims, damages, injury, death and rights of action present or future whatsoever for my participation in this event. I certify that I am physically fit and sufficiently trained to participate in this event.

Signature (required):_____date_____

Parent or Guardian must sign if entrant is under 18 years old

Make checks payable to Stow Conservation Trust and send to:

Stow Conservation Trust
PO Box 397
Stow, MA 01775